

# **The Power of Protection**

Facing the future

**Taiwan Report** 



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## **Foreword**





**Bryce Johns**Group Head of Insurance, HSBC

We rarely take the time to reflect and realise what's good in our lives.

For most of us, it is our families – the main source of our happiness and our sense of belonging.

This report looks at how much family members support and depend on each other and how financially secure people are feeling.

While some people are managing well financially, others are just about managing. Many are supporting both their children and

their parents, often making sacrifices in time and money.

Despite these strong connections, many people have not had important family conversations about their long-term financial security if something life-changing were to happen to them. Even fewer have plans in place to help their family cope with the unexpected.

I hope that this report will encourage you to think and talk about what makes your life good today and what you can do to secure your family's future.

"Many people have not had important family conversations about their long-term financial security."

# **Key findings**



72%

of people say their family's health and wellbeing is the most important thing to them for the future

53%

of people with grown-up children (over 18) are giving them regular financial support

54%

of people with living parents are giving them regular financial support

59%

of people with children would choose paying for their child's university/higher education over their own retirement fund

24%

of people supporting someone financially feel they themselves are just about managing or not managing at all well 72%

of people supporting someone financially say their family would not manage well if they had to significantly reduce their support to them

50%

of people supporting someone financially do not have insurance that would pay them a regular sum if they had a serious illness or accident which prevented them from working

25%

of people supporting someone financially have never had a conversation with anyone about long-term financial security if something were to happen to them





**Family matters** 

# What's good?



## What's most important for the future?

My family's health and wellbeing

72%

Providing for my own or my family's future financial security

43%

Achieving my and my family's aspirations

28%

Family is a huge part of our lives and a source of great happiness.

Almost three-quarters (72%) of people say that their family's health and wellbeing is the most important thing to them in the future.

More than two-fifths (43%) say that providing for their own or their family's future financial security, and 28% achieving their own or providing for their family's aspirations, are the most important things.



## Family is for life



Putting family first often means providing regular financial support to them.

About seven in ten (71%) people are giving regular financial support to someone in their family.

Over four-fifths (85%) are supporting their children under 18 financially. More than half (53%) of those with grown-up children are supporting them financially.

A similar proportion (54%) of people with living parents are providing regular financial support to them.

## Providing regular financial support to the family

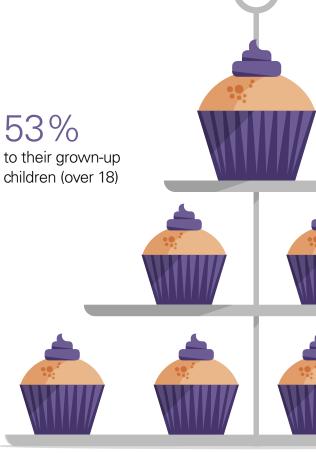
71% to someone in their family

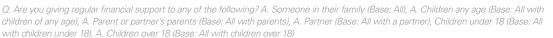
85% to their children under 18

69% to their children (any age)

to their grown-up children (over 18)

54% 42% to their partner to their parents





# Family commitments



Providing this level of support for family members can take a toll on people's finances, lifestyle and emotional wellbeing.

People regularly supporting someone financially in their family are spending 51% of their disposable income on others.

Among those with children under 18, more than two-fifths (44%) of their disposable income and nearly half (48%) of their non-

working time is spent on them.

Even people financially supporting grownup children spend over a third (36%) of their disposable income on them and 30% of their non-working time doing things for them.

People financially supporting parents are spending over a third (36%) of their disposable income and 30% of their non-working time on them.



Q. In a typical month, after you've paid your bills and necessary outgoings, what proportion of your remaining income do you spend on? Please exclude money that you may be saving or investing each month for you or others. Q. In a typical month (excluding work/employment), approx. what proportion of your time do you spend doing things with or for? (Base: All providing regular support to children under 18, all providing regular support to parents)



# Appreciation and anxiety

**(** 

Supporting family members financially can be a strain as well as a source of satisfaction.

Nearly two-fifths (39%) of people feel guilty spending money on themselves instead of using it to help their family and 37% have put off their own aspirations to support others.

However, over half (53%) believe that they are a good provider for their family and 49% feel appreciated for the support they give others.

#### **Emotional strain**

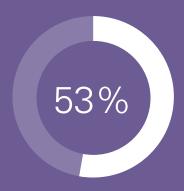


I feel guilty spending money on myself when I should be using it to help my family

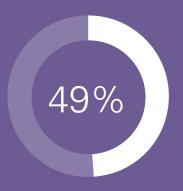


I've put off realising my own aspirations to support others

Feel good factor



I feel like I'm a good provider for my family



I feel appreciated for the support I give others

To what extent do you agree or disagree with the following statements? A. Agree somewhat or strongly (Base: All providing regular support to someone in their family)

# Financial pressures



Supporting family members can come at a cost.

More than two in five (43%) people financially supporting someone in their family say they have had to cut back on treats for themselves while 37% have less money to do what they want.

Just under a fifth (19%) have had to withdraw money from their savings or investments to support their family.

Fifteen per cent of people have had to increase their hours or take on a full-time job.

#### Financial impact of providing regular financial support to someone in the family

I've had to cut back on treats for myself

43%

I've got less money to do what I want to do

37%

I've had to withdraw from my savings/investments

19%

I've had to increase my hours or take on a full-time job

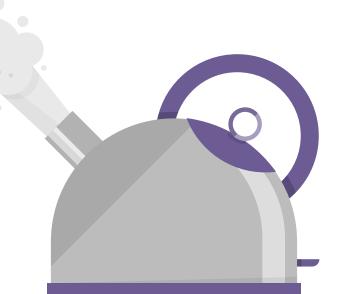
15%

I feel financially drained

15%

I've incurred more debt

5%



Q. What financial impact, if any, has providing this support had on you? (Base: All providing regular support to someone in their family)

# Life support



Providing financial assistance to family members can mean covering costs in areas which may not have been anticipated.

People are supporting their grown-up children with everything from education (69%) to everyday living costs (54%) and paying money into a trust of savings/investments for them (30%). However, parents have different

attitudes when it comes to supporting their children. Nearly two-thirds (65%) of those supporting their grown-up children believe they should stand on their own two feet financially.

The most significant way that people financially support their parents (74%) is with everyday costs such as utility bills, buying groceries and home repairs.

53%

of people with grown-up children are giving them regular financial support with...

Education

69%

Everyday living costs

54%

Savings/investments trust

30%

Medical/dental care

28%

Rent/accommodation

25%

54%

of people with parents are giving them regular financial support with...

Everyday living costs

74%

Medical/dental care

28%

Holidays

25%

Costs of social care

18%

Saving for special occasion

13%

Q. Are you giving regular financial support to any of the following? A. Children over 18. (Base: All providing regular support to children over 18) A. Parent or partner's parents. (Base: All providing regular support to parents)

Q. Do you give any of the following types of financial support to...? (Base: All providing regular support to children over 18, All providing regular support to parents)

Q. We'd now like you to imagine some situations and think about what you'd do. Which of the following do you most agree with? A. I think my adult children should stand on their own two feet financially. (Base: All providing regular support to children over 18)

# Tough choices



Supporting others in your family can mean having to make some hard financial choices.

If people had to choose between paying for their children's university/higher education over their own retirement fund, almost three in five (59%) would choose to support their children.

Two-thirds (66%) would prioritise paying for their elderly parents' health and social care over paying into their own retirement fund.

This choice is even harder for people with both children and parents.

If they had to choose, people would prioritise their family over themselves

Those with children (any age)

59%

Children's university/higher education Own retirement fund

Those with parents

66%

Elderly parent/s' health and social care Own retirement fund

Those with children (any age) and parents

Children's university/higher education Elderly parent/s' health and social care

Q. And, if you were in a situation where you could only pay for one of the following, what would you choose? (Base: All with children of any age, All with parents, All with children any age and parents)



Financial ups and downs

# Managing today



There are varying degrees of financial security among people giving regular financial support to someone in their family.

## How financially secure do you feel today?



Managing well or very well 36%



Managing quite well

40%



Just about managing on a day-to-day basis

19%



Not managing at all well or just about managing with support from family or social benefits

5%

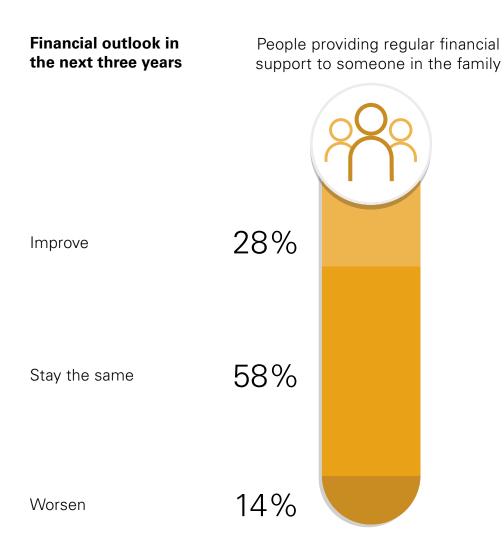


# Managing tomorrow?



When it comes to their future financial outlook, over half (58%) supporting someone in their family expect their situation to stay the same in the next three years.

More than a quarter (28%) expect their financial situation will improve, while 14% expect their situation to worsen in the next three years.



Q. Do you think that your financial position in the next 3 years will...? (Base: All providing regular financial support to someone in their family)

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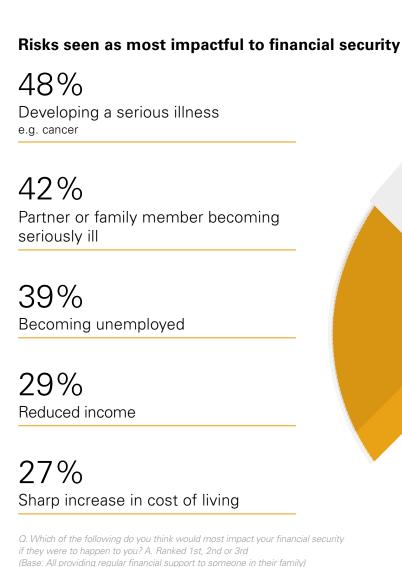
## Unforeseen risks



Life carries many risks which can put people's financial security under pressure, especially those supporting someone in their family.

The most impactful risks they see are developing a serious illness (48%) or their partner or family member becoming seriously ill (42%).

Just under two in five (39%) say that becoming unemployed would impact their financial security.



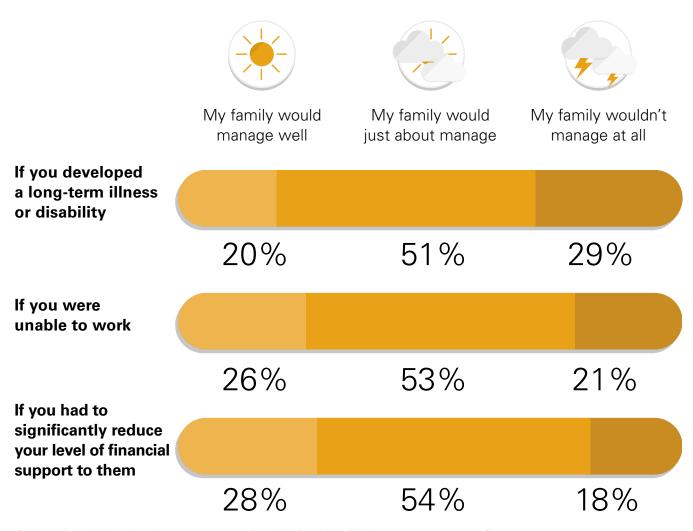
## Knock-on effects



Unexpected life events can have knock-on financial consequences for the whole family.

Almost three in ten (29%) of people supporting someone in their family say their dependants would not manage at all financially if they developed a long-term illness or disability. Twenty-one per cent say their family would not manage if they were unable to work.

Fewer than three in ten (28%) expect their dependants would manage well if they had to significantly reduce their level of financial support to them.



Q. How well would those who depend on you manage financially if any of the following were to happen to you? (Base: All providing regular financial support to someone in their family)

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# Planning for the unexpected



Many people supporting someone in the family do not have insurance in place if something unexpected were to happen to them.

Half (50%) do not have a policy that would pay them a regular sum if they had a serious illness or accident which prevented them from working.

Nearly two-fifths (39%) do not have a policy that would pay them a lump sum to take care of their family in the event of death.

A similar proportion (37%) do not have a policy that would pay them a lump sum if they contracted a serious illness such as cancer.

Among people providing regular financial support to someone in the family...

50%

don't have a policy that would pay them a regular sum if they had a serious illness or accident which prevented them from working 39%

don't have a policy that would pay out a lump sum to take care of their family in the event of death 37%

don't have a policy that would pay them a lump sum if they contracted a serious illness such as cancer







Q. Finally, which of these insurance products or benefits do you currently have or would consider in the future?

(Base: All proving regular financial support to someone in their family.)



Let's talk

## Important conversations

(n)

Among people who are supporting someone in their family, those who are managing well financially are more likely to have had a conversation about long-term financial security should something happen to them, than those who are not managing well.

Only a quarter (25%) of those supporting someone financially have never had this conversation with anyone, and only 26% of

parents have had a conversation about longterm financial security with their children.

One in ten (11%) have spoken with a professional adviser.

Reluctance to talk about what might happen in the future may help to explain why most do not have insurance in place. 25%

have never had a conversation with anyone about long-term financial security should something happen to them



O. Have you spoken with any of the following about long-term financia security if something were to happen to you? A. Your children (Base: All with children of any

age). A. Never had this conversation, A professional adviser (Base: All providing regular financial support to someone in their family). A. Never had this conversation.

<sup>(</sup>Rase: All providing regular financial support to someone in their family





Among people giving regular financial support to their family there were different triggers for those who had a conversation about long-term financial security should something happen to them.

For over two-fifths (45%) reaching a particular age when it became relevant was a key trigger for the conversation. For just over one in five (22%) who are parents, their children reaching a certain age prompted them to have this conversation.

Discussing long-term financial security comes more naturally to some than others. More than two in five (43%) initiated a conversation as a result of reviewing their financial or life plans.

### Top triggers for an important conversation

45%

I reached a certain age where it became relevant

43%

Review of financial or life plans

19%

I'm organised and like order in my life

22%

Children reached a certain age

(all with children of any age)

O. And what led you to have this conversation [about long-term financial security if something were to happen to you]?

(Base: All providing regular support to someone in their family)

A. Children reached a certain age (Base: All with children of any age,



# Futureproofing



When it comes to making specific provisions for the future, just over a quarter (26%) have a legal guardian in place to look after any dependants.

Even fewer have a power of attorney (13%) in place to make financial or legal decisions,

and only one in ten (11%) have a will or testament should anything happen to them.

A quarter who are parents (25%) have money set aside to leave to their children to ensure their financial security.

## Among people providing regular financial support to someone in the family...

26% have a legal guardian in place

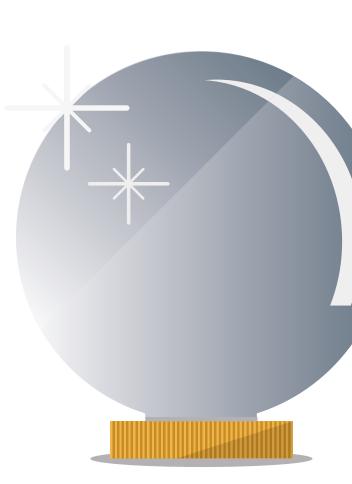
13% have a power

of attorney

11 % have a will

or testament

25%



have money to leave to their children to ensure their financial security (all with children of any age)

Q. Which of the following, if any, do you have in place now? (Base: All providing regular support to someone in their family) Q. And which of these apply to you? (Base: All with children of any age)

# Practical steps



Here are some important insights and practical actions drawn from the research findings, which may help people better prepare their family to face the future.

1

## **Identify your priorities**

72% of people say their family's health and wellbeing is the most important thing to them for the future.

Think about your priorities in life. Make sure you have a financial plan in place that addresses your needs as well as those of your family. Don't neglect your own aspirations when planning for the future.

2

## **Assess your finances**

24% of people supporting someone financially feel they themselves are just about managing or not managing at all well.

Consider how financially secure you feel .Think about whether any financial support you are giving to others is likely to increase or decrease in the future and if you need to update your financial plan.

3

## Plan for the whole family

72% of people supporting someone financially say their family would not manage well, if they had to significantly reduce their support to them.

Unexpected life events can have knock-on effects for the whole family. Bear this in mind when reviewing if you have enough financial protection in place.

4

## Talk about the future

81% of people who are supporting someone yet managing well financially have had a conversation about their longterm financial security.

Make time to talk to your family about the future. Discuss what could happen to them if you experience a life-changing event and what financial safeguards you have in place. If you need help, seek professional advice.

## The research



The Power of Protection is an independent consumer research study into global protection needs and trends, commissioned by HSBC. It provides authoritative insights into people's concerns about the future and how they are protecting themselves financially, around the world.

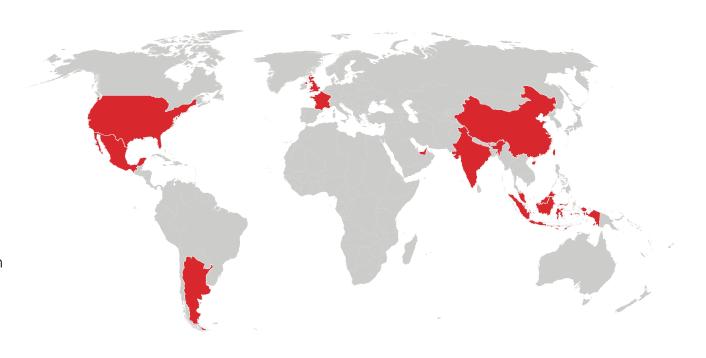
This report, *Facing the future*, is the third in the series and represents the views of 13,122 people in 13 countries.

Since The Power of Protection study began in 2016, more than 30,000 people have been surveyed worldwide.

### Survey

The findings in this report are based on a survey of 1,001 people in Taiwan aged 25 and over from a nationally representative online sample. The research was conducted by Kantar TNS between March and May 2017.

Figures have been rounded to the nearest whole number.



The 13 countries and territories are:

Argentina
China
France
Hong Kong
India
Indonesia
Malaysia
Mexico
Singapore
Taiwan

United Arab EmiratesUnited KingdomUnited States



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Published by HSBC Holdings plc, London

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